

# The Facta

Deeds Not Words Facta

Non Verba

Term 4 – Week 11 (17<sup>th</sup> December 2021)



## Dates for the Diary

JANUARY 2022		FEBRUARY	
<b>28 Jan</b>	School Development Day (teachers and staff only).	<b>1 Feb</b>	Years 1 – 6 commence.
<b>31 Jan</b>	School Development Day (teachers and staff only).	<b>7 Feb</b>	First day for 2022 Kindergarten students.



# Principal's Message

**Dear Parents and Carers,**

I can't quite believe that the year has come to an end and that I am writing my last Principal's Report for the year. Although we have all had our fair share of challenges, I am enormously grateful that we were able to finish the school year with all our students back on site with their teachers and with all their friends.

## **Congratulations Ms Zhang**

Congratulation Ms Zhang, who was married last weekend! We wish you and your husband a lifetime of happiness and joy as you begin your new life together.

## **A tribute to our Parents and Carers**

Parents and carers, we have put together a special tribute to you from all the staff and students at Concord Public School. This is our token of appreciation for everything you have endured this year. Please access the clip through the link below:

<https://drive.google.com/file/d/12UTApVtKgAP8PI42Zi6VCPs1G7913IDg/view?usp=sharing>

The link can also be found on our website.

## **Congratulations to our 2022 School Captains and Vice-captains**

Our 2022 Captains and Vice-captains have been announced. Congratulations to:

- Audrey C. – Captain
- Tom H. – Captain
- Kiera Y. – Vice-captain
- Chris Y. – Vice-captain

And to our 2021 Captains and Vice-captains, Anuka S. (Captain), Dionn N. (Captain), Alexis E. (Vice-captain) and Harrison H. (Vice-captain), we thank you for your leadership and commitment to our school. Your ideas were never-ending, always for the benefit of our students. We wish you well as you embark in your high school journey.



As I do every year, I'd like to end with my speech from Presentation Day.

"Boys and girls, parents/carers, grandparents/friends, teachers and staff, welcome to our Annual Presentation Day.

Boys and girls, we are becoming quite used to our zoom assemblies and meeting this way, as is our whole school community. It doesn't, however, take away the celebration and acknowledgement that we have all worked so hard to preserve, even if it is through an online platform.

Throughout this unusual year, our gates were locked, visitors coming into the school were limited, masks were on, and check-ins became part of our daily routine. But one thing that never changed is our commitment to our children's learning and wellbeing. We worked in partnership with our parents and carers, from start to finish...whether from home or at school.

Parents and carers, we could not have done it without you.....your relentless commitment, reliance and support has not gone unnoticed. You have faced many challenges, frustrations and never-ending updates and changes. Yet you still persevered. On behalf of your children and all the staff at our school, we thank you from the bottom of our hearts. You deserve a "virtual" standing ovation!!!

Boys and girls, your teachers and parents are enormously proud of you. The way you adjusted to learning from home and the way you were able to come back to school, after so long of being at home. Having read each and everyone's Semester 2 Report, I am so proud to see how your learning has continued and the new skills that you now have.

Today is Presentation Day - a celebration of achievement. I would like you all to remember that school is so much more than just about trophies and awards. If you made a new friend this year - then that's an achievement. If you became a member of the SRC for the very first time - that's an achievement. If you helped someone who was feeling lonely in the playground by asking them to play with you - then that's an achievement. Only some of our achievements will be mentioned today. But as I say every year, it just means that it's somebody else's turn to shine. We all shine in different ways!

Year 6, Wow!!!

What a ride it has been over the last 2 years. You have missed out on camps and fun days, and all those special moments that make Year 6 so special. We did, however, manage to sneak in our Year 6 Farewell last Thursday.....and wasn't that a special night. But when you walk out of the school gate that final time this Thursday, take one last look over your shoulder.....look into the school grounds and focus on what you did achieve and what you did experience whilst at Concord Public School over the past 7 years.

Here are a few:

- Friendships that will go beyond 2021 – you only have to look beside you right now. Who are you sitting next to.....no doubt a cherished friend.
- Wonderful teachers that cared and nurtured your wellbeing and education over the 7 years
- And parents and carers who were right by your side from that very first day you walked into the school, holding your hand nervously and calming your nerves. Parents and carers who never gave up on you, through your triumphs and your challenges.

Year 6, each and everyone of you will walk away with lifetime memories on Thursday, and no matter what has happened or what will happen in the future, no one can take these special moments away from you.

I'd like to thank and acknowledge 3 teachers that won't be with us next year.

Firstly, thank you to Ms Celine Dela Cruz. Ms Dela Cruz worked with our Inclusive Classes this year as the teacher of 1/2C. We thank her for her passion and commitment to our students and we wish her well as she commences her new position as a permanent classroom teacher at Chalmers Road School. Thank you, Ms Dela Cruz and good luck.

Secondly, I'd like to thank Mrs Jenny Moran, who leaves us as she continues her studies in psychology. Mrs Moran has been a teacher at our school for 10 years, working mainly in the role of Enrichment Teacher with our years 3-6 students. Mrs Moran has brought a depth of knowledge and expertise to her role over the past 10 years and will be greatly missed. Good luck, Mrs Moran and thank you for all that you have done for our students over the last 10 years!

And thirdly, many of you would be aware that Ms Papas is expecting her 2<sup>nd</sup> child very soon. Ms Papas, we'll be thinking of you in the coming weeks, and we wish you good health as you welcome your new baby into your family.

I'd also like to mention a member of our school community who leaves us this year, as his son finishes Year 6 in the coming days. This parent has been our PGC President for many years, supporting and working in partnership with the school. He worked alongside us through many projects, ensured the school was well-resourced and developed positive relationships with school staff to ensure liaising was relevant and authentic to the needs of the school and the school community. We will miss his sense of humour, his knowledgeable expertise on all things building and maintenance. But most of all, we will miss his commitment and availability whenever we needed him. Mr Morris Hillsley, from the entire community, thank you for all that you have done for our school and our students. We wish you and your family well.

And lastly, I'd like to thank our teachers and our staff. I just can't thank you enough for everything that you have endured this year. We have all had personal and professional challenges. Yet you never stopped..... and you never gave up. Your unwavering and relentless commitment to our students is always at the forefront of everything that you do. You ensured that our students were supported in their education, and their wellbeing, and nothing was ever too hard or too challenging.....going above and beyond to individualise support when needed. It is an absolute privilege to know each and every one of you, to learn from you, and an honour to work alongside you.

And to conclude, enjoy this special day and over the school holidays, cherish the moments with those that are special to you.

Merry Christmas and happy holidays to you all. Stay happy, safe and well, and we'll see you early in 2022."



**Anna Vountoulas**  
**Principal**  
**Concord Public School**



# Guidelines for 2022

## School Operational Guidelines for Term 1, 2022

The Department of Education will be notifying schools of the operational guidelines for Term 1 in late January. As soon as we have this correspondence, we will share this with the school community.

## 2022 Class Structures

We have put together a draft plan of classes for 2022. However, this may change depending on enrolments in early Term 1 next year.

As we do every year on the very first day of school (Tuesday 1<sup>st</sup> February), all students from Years 1-6 will be placed in their class from the previous year with their 2021 class teacher from 9am-11am. This is to allow the students to reunite with friends/teacher and for the nerves to settle after a long holiday. Students will be placed in their 2022 classes at 12pm after lunch. Please be mindful that these class arrangements are temporary and will not be final until enrolments stabilise, and numbers are submitted to the Department of Education in mid-February. Once this occurs, the community will be notified of the class structures along with confirmation of the class teachers.



# Principal's Awards / Pennant Process

**Three Class Awards = 1 Principal's Award**

**Three Principal's Awards = 1 Principal's Pennant**

**Note:** Class Awards and/or Principal's Awards must be handed to the front office 2 days prior to the date of Assembly.



# Congratulations ....



To the following students who have received a Principal Award or Principal Pennant.

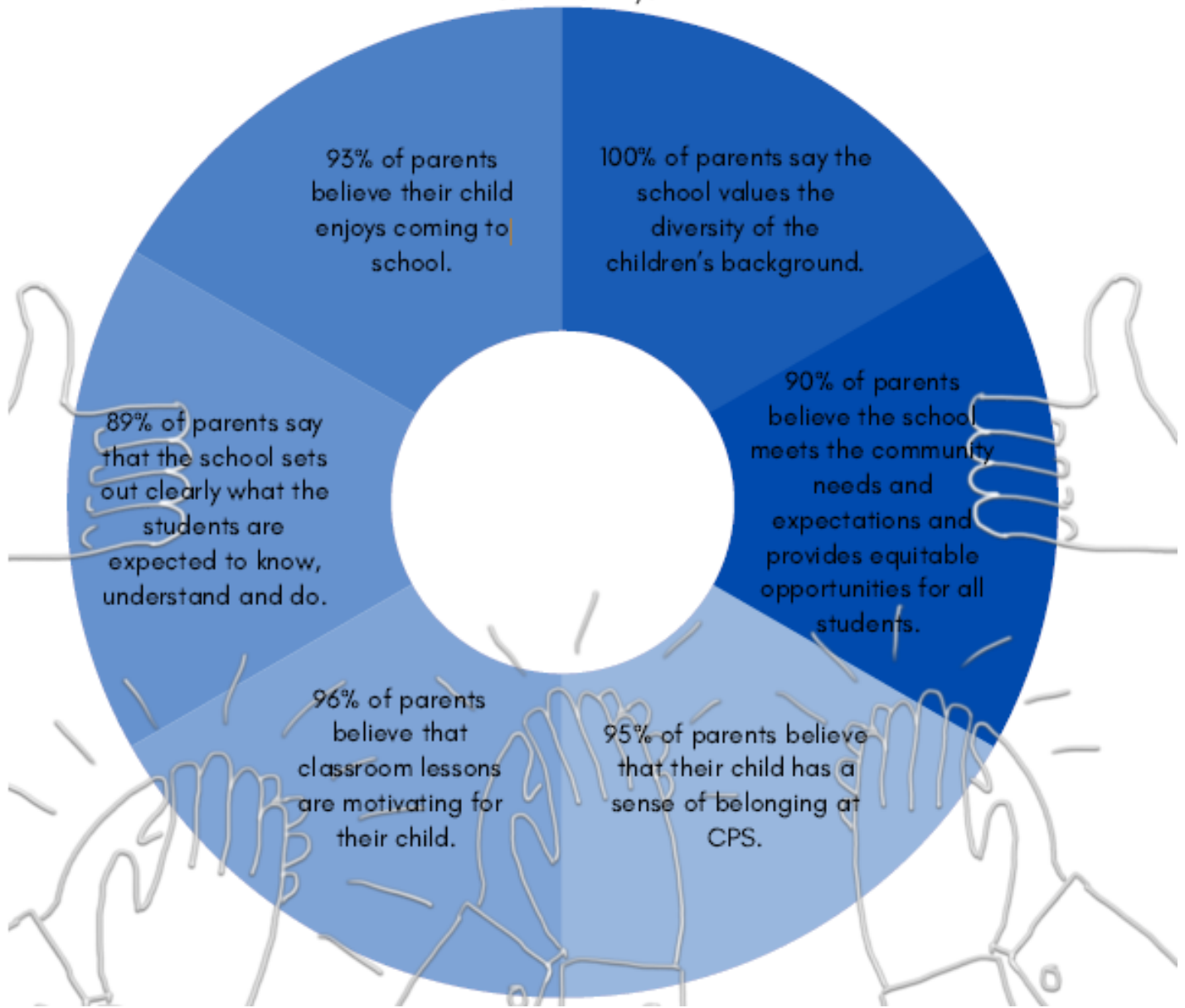
<i><b>Principal's Awards</b></i>	<i><b>Principal's Pennant</b></i>
<b>KS</b> Mason M.	<b>1D</b> Sampson C.
<b>KG</b> Zara C, Alvin Y.	<b>3/4M</b> Adam G, Eunice Y, Jennifer P, Alfie A.
<b>K/1D</b> Jonathan P, Jeshvik P, Leon G, Flynn M.	<b>4Z</b> Ryley McL.
<b>1D</b> Tahlia McL, Alby B.	<b>5M</b> Ayden T.
<b>1/2A</b> Mariano S, Cartia B, Laura Rose S, Samuel N, Bianca McL.	<b>5/6S</b> Henry C, Oscar L.
<b>2/3S</b> Prieyan M, Lucio C, Edmon C, Aaruran N.	
<b>3/4M</b> Jagger C, Jacinta T, Kristen T.	
<b>4Z</b> Ethan D, Ashima S, Kai H, Ryley McL.	
<b>5M</b> Ayden T.	



# 2021 Survey Results

## CELEBRATING 2021!

At the end of 2021 a survey was sent out to our families, to gain feedback as part of Concord's yearly evaluation process. Thank you to our community!





# Inclusive Classes

Good afternoon Parents and Carers,

This year has certainly been filled with a whole range of obstacles for our students. However, the most striking thing for me this year was the student's growth. One of the greatest aspects of working in the Inclusive Classes is watching the students grow and develop throughout the year. Whilst growth looks different for each individual, we have come together to overcome the academic and social challenges of home learning. It has been so rewarding for the staff in the Inclusive Classes to reflect back on specific students and recall their individual journey throughout the year. The Concord Public School community reminds us of the important role that each member of our learning community plays in the lives of our students, parents and teachers alike. We are there to provide encouragement, support, affirmation and instruction when it is needed and through this, each individual grows. 2021 is definitely a celebration of this learning journey and the growth of each individual.

Well done to all the students in the Inclusive Classes! And well done to the Inclusive Classes community for supporting these young learners in their growth! We are truly appreciative of all the wonderful support from all our families, staff and community at Concord Public School.

## Happy Birthday:

We have been so lucky to celebrate four birthdays in the last two weeks. Happy birthday Aaruran, Mahad, Joel and Miss Ann! Here are a few snapshots of our class parties.



**Sport:**

During Sport lessons we practiced our running skills. We incorporated a ball to weave in and out of the cones. Lookout Cristiano Ronaldo we have some future soccer stars at CPS!

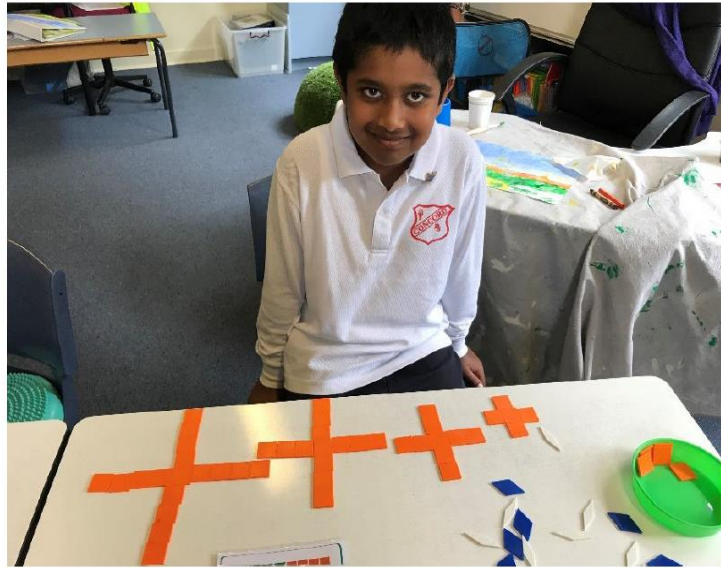


**Playground exploration:**

Jeshvik and Ziyan found a small caterpillar on the playground equipment last week. They were so excited and carefully placed the tiny caterpillar on the tree so that it would be safe for the rest of the day. They studied the caterpillar's movement as it explored its new home.



## Mathematics:



A big shout out to Lucio and Aaruran for their amazing pattern work in 2/3S. Fantastic persistence and problem-solving skills!

## Miss Celine:



Some families missed the previous newsletter regarding the wonderful news about Miss Celine. We would like to congratulate Miss Celine on being successful at Merit Selection for a permanent teacher position. She will be joining Chalmers Road School in 2022. Miss Celine has been such a phenomenal team member throughout 2021 and will be dearly missed next year. Miss Celine has brought kindness, patience, creativity and compassion to our Inclusive Classes. We wish her all the best on her new adventures at Chalmers Road in 2022.

We hope you all have a wonderful relaxing holiday and we look forward to seeing you all in the new year. Best wishes and stay safe.

Warm regards,

***The Inclusive Team***



# #Hour of Code 2021

We celebrated **Hour of Code** in Week 10 this Term during Computer Science Education Week. The Hour of Code is a global movement reaching tens of millions of students in over 180 countries. Coding develops not only computational thinking skills but enhances student's problem-solving capacity.

K-6 Classes across Concord Public School choose a coding activity to complete either with their class or during Lab time with Mr Crisafulli.

Here are some of the coding apps we have at Concord Public School:

- Osmo Coding
- Kodable
- BeeBot
- Daisy the Dinosaur
- Tynker
- Scratch JR
- Hopscotch.

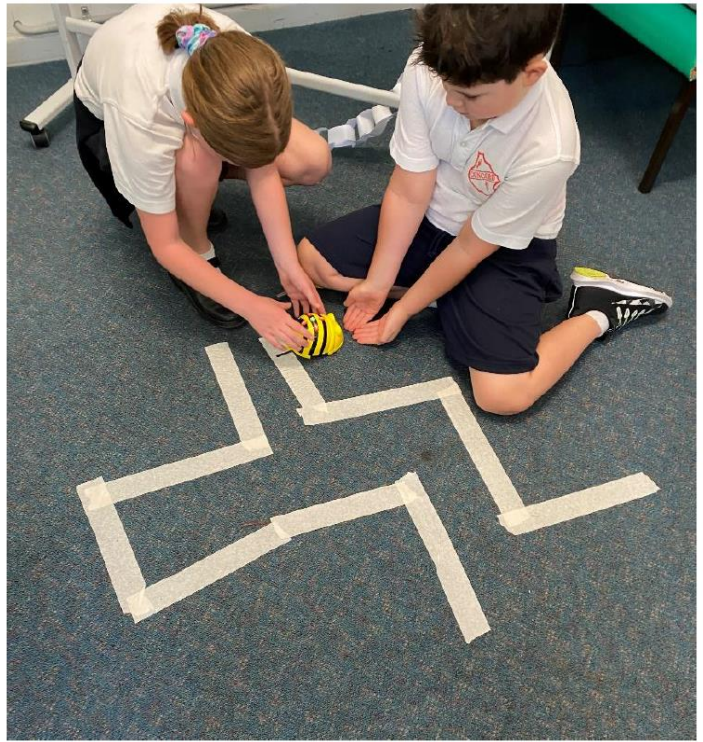
You might like to download one of these coding apps on your device at home to work on some coding activities in the upcoming school holidays.

**Minecraft:** This year's theme for Minecraft: Education Edition Hour of Code is Timecraft – coding through adventures in time. This year's game was a quest-based learning experience where students could take multiple, varied approaches to solving coding puzzles and meet learning outcomes based on their own interests and experience. More information can be found at <https://t4i.schools.nsw.gov.au/content/doe/sws/schools/t4i/www/news/2021/11/hour-of-code-2021---go-back-in-time-with-the-timecraft-challenge.html>

**Robotics:** Some classes choose to code the Bee Bots during the week. This was a great way to consolidate our positional skills.

Here are a few snapshots of our students coding across the school.





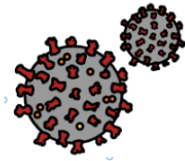
**code.org** has lots of coding activities for #HourofCode. You can access coding activities specific for your child's age or coding level via <https://code.org/learn>





# Coronavirus

Coronavirus is a virus. A virus is something that makes you feel sick.



Coronavirus can cause you to have a cough, fever or have trouble breathing.



If I don't feel well, I need to make sure I tell my teacher, my family or an adult.



Lots of people get viruses and they are okay.



I can do lots of things to keep myself safe and keep my body healthy.



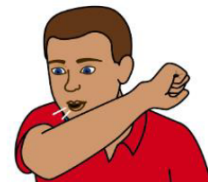
I can make sure I wash my hands for 20 seconds.



I can use hand sanitiser.



I can cough into my arm or a tissue.



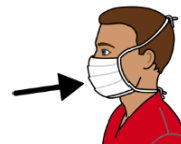
I can do these things to keep myself and my friends around me safe!





# Wearing a mask

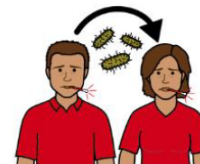
In some settings I have to wear a face mask.



I might have to wear a face mask when I go out to certain public areas.



Wearing a face mask will keep me from getting germs from other people.



The face mask may feel uncomfortable or hot.



I keep my face mask on over my nose.



When it is time to take my face mask off, I can throw it in the bin if it is disposable.



If I have a mask made of fabric, I can place my mask in the washing machine.



When I have taken my mask off, I need to wash my hands.



I can do these things to keep myself safe and the germs away.

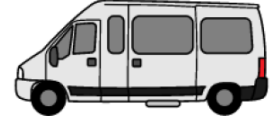






# Wearing a mask on the bus

The bus driver might want me to wear a face mask on the bus.



I wash my hands before I get on the bus.



Find the side of the mask that touches your face. This is the inside of the mask.



I pick up my mask and I put it on.



Hook the loops over your ears.



Adjust your mask so that it is comfortable.



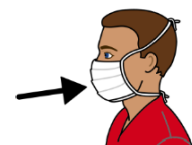
Check if your mask is on correctly before you get on the bus.



Masks will keep people healthy. It will stop coughs and sneezes from spreading.



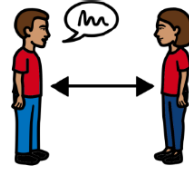
Lots of other people on the bus might wear a mask as well. This is a good thing!





# Social distancing

**In some settings I have to social distance.**



**It is good to social distance to keep everyone safe.**



**In story time I might need to move a little further away from my friend.**



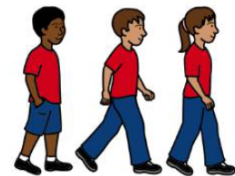
**At the moment I can't hug my friends at school. I can still hug my family members.**



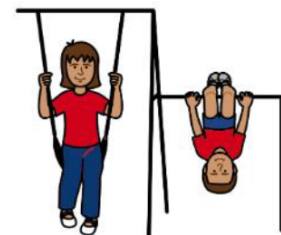
**At the moment I can't shake hands but I can bump elbows.**



**In the hallways I need to continue to walk but keep a safe distance from others.**



**In the playground we also need to social distance and stay with our year group.**



**I can do these things to keep myself safe and my friends around me safe.**



# Let's keep kids in the classroom



Help us keep our schools COVID-19 safe.

- Keep your kids at home if they're unwell and get them tested
- Remind your kids to sanitise or wash their hands regularly
- Kids in year 7+ must wear a mask indoors, and masks are strongly encouraged for primary aged students

Despite the highly contagious Delta variant, most kids diagnosed with COVID-19 during the current outbreak have had mild or no symptoms. Only 2% of those cases had to be hospitalised (National Centre for Immunisation Research and Surveillance).

Under the public health order, all education and care workers, including teachers and education providers, must be fully vaccinated by 8 November 2021. To help protect our kids while they're at school, all school staff are required to wear masks indoors.

Help us keep kids in the classroom!

More: <https://www.ncirs.org.au/.../covid-19-and-children-frequently...>

NSW Department of Education



# NSW parent and carer mental health education sessions

headspace National is hosting free mental health education sessions in New South Wales, for Parents, Carers and Community Members, on ways they can support their young person when they are concerned about their mental health.

## The sessions aim to:

- Strengthen your understanding of mental health and mental health difficulties.
- Increase awareness of the impacts of COVID-19 on wellbeing.
- Strengthen your understanding and skills in how to have a conversation with your young person.
- Build awareness of local services and the various supports available.
- Strengthen relationships between local area mental health services, local schools, headspace centres and other community organisations.

Proudly funded by the NSW Government and delivered by headspace National Youth Mental Health Foundation Ltd.

## Session format

The format of the sessions will include the delivery of mental health-related content, followed by a panel of community stakeholders sharing information about the supports available to young people and how to access their services.

## Mode of delivery

Sessions will be held online via Zoom or face to face.

## Duration

Lunchtime sessions are 1hr and 15mins.  
Evening sessions are 1hr and 15mins with a panel.

## How to register

Click on or copy the following URL into a web browser to locate upcoming sessions in your community: <https://bit.ly/3lchh8U>

## Contact

For more information email:  
[programsupport@headspace.org.au](mailto:programsupport@headspace.org.au)

## Managing Your Mental Health Online During COVID-19

COVID-19 has brought rapid changes to our daily life, together with uncertainty and dramatic news headlines.

Some people may be feeling worried or depressed at the moment, especially if they already have some mental health problems.

There are many services that can help without leaving home. During this crisis, Australians can use Medicare to talk to health practitioners about mental health.

There are also other ways to get help on a phone, computer or tablet. These include crisis and counselling services, and mental health treatments that have been converted into web programs or apps. Some services link users to a practitioner who acts as a coach or guide and tracks their progress as they use a web program. Others—“self-guided” ones—are for people who prefer to work on their own. Most of these programs and services are free. We have listed them below.



A great thing about these services is that most are available over extended hours. Crisis services, programs and apps can be used at any time. And they are not just for people with mental health diagnoses—they are for anyone who is facing some problems.

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A good place to start looking is:

### Head to Health

The Australian Government's digital mental health gateway

#### Head to Health

Head to Health is the Australian Government's searchable portal that brings together information, apps, online programs, online forums, and phone services from Australia's most trusted mental health organisations. Whether you're searching for mental health information for yourself or someone else, or just wanting tips on how to maintain your self-care and wellbeing, Head to Health is the place to start.

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Free assessment and treatment that is supported by psychologists is at:

### MindSpot

Australia's free national online mental health clinic



MindSpot is the Australian Government's free online mental health clinic for Australian adults who are experiencing difficulties with anxiety, stress, depression and low mood. MindSpot provides assessment and treatment courses, or they can help you find local services that can help.

Ph: 1800 61 44 34

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Some other services are on the next page.

#### \*DISCLAIMER

The information provided throughout is intended for information purposes only. Whilst many of the services and resources listed are government funded, individuals should independently investigate, evaluate and verify the content and credentials of any service or resource before choosing to use it. The services listed in this guide are not exhaustive and represent primarily Australian products.

## Crisis Support - Phone and online counselling



### Lifeline

24/7 phone counselling, and online crisis support chat available each evening.



**Suicide Call Back Service** 1300 659 467  
National 24/7 professional telephone & online counselling for anyone affected by suicide.



**Beyond Blue Support Service** 1300 22 4636  
Telephone (24/7), online and email counselling.



**1800RESPECT** 1800 737 732  
24/7 phone & online counselling for people seeking for domestic violence situations.



**MensLine Australia** 1300 78 99 78  
Advice, therapy and support for men with families and relationship concerns.



**QLife** 1800 184 527  
Online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTQ) people.



**GriefLine** 1300 845 745  
Phone and online counselling for individuals and families experiencing loss and grief.

## Apps



**MoodMission**  
A free app designed to help individuals overcome low moods and anxiety by discovering new coping strategies.



**Snapshot**  
A free app for Australian adults to check and monitor their mental health and wellbeing status.



**MindGauge**  
A free app that allows users to easily and quickly track their mental health, mood, and lifestyle.



**BeyondNow**  
An app and online tool that helps users create a safety plan for when experiencing suicidal thoughts.



**ReachOut Breathe App**  
A free app (iOS only) to help reduce the physical symptoms of anxiety by slowing down breathing and heart rate.



**Smiling Mind**  
A website and app teaching mindfulness meditation to young people and adults.

## Aboriginal and Torres Strait Islanders



**MindSpot - 'Indigenous Wellbeing'**  
A course for Aboriginal and Torres Strait Islander adults to learn to manage symptoms of depression and anxiety.



**iBobbly**  
Wellbeing and suicide prevention self-help app for young Aboriginal and Torres Strait Islander Australians.

## Older Adults



**MindSpot - 'Wellbeing Plus'**  
An online program for stress, worry, anxiety and depression in adults aged 60 and above.



**Be Connected - e-Safety Commissioner**  
Tools and resources to increase the confidence, skills and online safety of older Australians when they use the internet.

## Self-Guided Programs



### MoodGYM

A free, interactive program based on Cognitive-Behavioural Therapy (CBT) and Interpersonal Therapy (IPT) to help prevent and manage symptoms of depression and anxiety.



### MyCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress. It's also appropriate for people who simply want to build good mental health.



### THIS WAY UP

A range of self-paced online CBT courses (free during COVID-19 crisis). Helping you learn practical skills to improve how you feel. Can be self-help or guided by your own clinician.



### Mental Health Online

Free online programs for a range of issues, with self-guided or therapist support options.



### e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.



### Centre for Clinical Interventions

Free downloadable self-help workbooks and modules for a range of mental health and wellbeing issues.

## Moderated Forums



### Beyond Blue Online Forums

Safe, supportive moderated online peer support forums for a range of mental health issues and demographics.



### Sane Australia

Moderated forums providing peer-to-peer support.

## Young People



**Kids Helpline** 1800 55 1800  
24/7 phone and online counselling for youth (5-25yrs).



### Niggle

A free app for youth designed as a self-help toolkit for all things related to mental, social and emotional wellbeing.



### eheadspace

Internet chat, email or phone support for young people (12-25yrs) with a range of issues.



### ReachOut

Practical tools, support and moderated forums to help youth get through everything from everyday issues to tough times.



### The Check-in

An app to help young people take the fear out of having a conversation with a friend who might be struggling.



### The BRAVE Program

Prevention, intervention, and treatment of anxiety in young people.



### BITE BACK

Free online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people.

<b>ACON</b>	'Coronavirus Information for LGBTIQ Communities and People Living With HIV'
<b>Act-Belong-Commit</b>	'Keeping mentally healthy when isolated or spending a lot of time at home'
<b>Australian Psychological Society</b>	'Tips for coping with coronavirus anxiety'
<b>Australian Psychological Society</b>	'Maintaining your mental health during social isolation'
<b>Beyond Blue</b>	'Looking after your mental health during the coronavirus outbreak'
<b>Beyond Blue Online Chat Forum</b>	Forum Discussion Topic: 'Coping during the Coronavirus outbreak'
<b>Black Dog Institute</b>	'10 tips for managing anxiety during COVID-19'
<b>Black Dog Institute</b>	'Coronavirus: Reassuring your child about the unknown'
<b>Black Dog Institute</b>	'Mental Health Ramifications of COVID-19: The Australian context'
<b>The BRAVE Program</b>	'Beating stress and worries about coronavirus (COVID-19)'
<b>Butterfly Foundation</b>	'COVID-19: Tips & Advice for people with an eating disorder'
<b>Department of Defence</b>	'Defence response to COVID-19'
<b>Emerging Minds</b>	'Supporting children during the Coronavirus (COVID-19) outbreak'
<b>Emerging Minds</b>	'Helping children cope with stress during the Coronavirus (COVID-19) outbreak'
<b>eSafety Commissioner</b>	'Social distancing without the isolation: Helping older Australians connect online'
<b>Head to Health</b>	'COVID-19 Support'
<b>Headspace</b>	'How to cope with stress related to Novel Coronavirus (COVID-19)'
<b>healthdirect</b>	'Coronavirus (COVID-19)'
<b>Kids Helpline</b>	'Are you worried about novel coronavirus (COVID-19)?'
<b>Lifeline</b>	'Mental health and wellbeing during the Coronavirus COVID-19 outbreak'
<b>Life in Mind</b>	'Coronavirus (COVID-19) mental health support'
<b>Mental Health Commission of NSW</b>	'Mental health and the coronavirus'
<b>Mental Health Online</b>	'A Practical Guide to Video Mental Health Consultation'
<b>MindSpot</b>	'Coronavirus (COVID-19)'
<b>MindSpot</b>	'10 psychological tips for coping with infectious diseases'
<b>NACCHO</b>	'Coronavirus (COVID-19) updates and information'
<b>Open Arms</b>	'COVID19 – calming and coping'
<b>PANDA</b>	'Supports to help expecting and new parents anxious about coronavirus'
<b>PANDA</b>	'Managing emotional wellbeing for expecting and new parents affected by natural disasters, global crises or concerns for the future'
<b>People with Disability Australia</b>	'Information About COVID-19 Or Coronavirus'

<b>Phoenix Australia</b>	'Coronavirus (COVID-19) mental health resources'
<b>Phoenix Australia</b>	'Coronavirus (COVID-19): Tips for Self-care and Families'
<b>Phoenix Australia</b>	'Caring for patients' mental health during coronavirus (COVID-19)'
<b>Pregnancy, Birth and Baby</b>	'Coronavirus (COVID-19) and pregnancy'
<b>Qutline</b>	'FAQs – Coronavirus (COVID-19) and Smoking'
<b>Raisingchildren.net.au</b>	'Coronavirus (COVID-19) and children in Australia'
<b>ReachOut</b>	'Coping during coronavirus (COVID-19)'
<b>ReachOut</b>	'10 ways to take care of yourself during coronavirus'
<b>ReachOut</b>	'How to deal with uncertainty during coronavirus'
<b>R U OK</b>	'Staying connected is more important than ever'
<b>Smiling Mind</b>	'How mindfulness can help during Coronavirus'
<b>Smiling Mind</b>	'Supporting yourself and each other through Coronavirus'
<b>This Way Up</b>	'Coping with Anxiety During the COVID-19 Outbreak'
<b>Unicef Australia</b>	'How to talk to your children about coronavirus (COVID-19): Eight tips to help comfort and protect children.'
<b>World Health Organisation</b>	'Mental Health and Psychosocial Considerations During COVID-19 Outbreak'



# Message from the Office

## ***Payment***

When making a payment online you can pay up to 3 DAYS before the due date of the payment. This is due to online transactions taking 48 hours to process.

Other payment methods such as cash or cheque can also be sent to the front office and placed in the blue box labelled “**School Post**”.

Please note that we do not accept online payment for uniform or canteen orders. Please see the uniform or canteen order form for payment details.

## ***Permission Notes***

If you have more than one child we need to have a note for each child, not all on one note please.

## ***Change of Contact/Address details***

Please inform the office immediately if you have changed your contact or address details, so we can contact you in case of an emergency.

## ***Bicycle and Scooter Guidelines***

If you give permission for your child to ride a bicycle or scooter to and/or from school and store it on the school grounds, please carefully read and sign the ‘**Bicycle and Scooter Guidelines**’ document (obtained from the Front Office). These signed forms are to be returned to the office. Once we have received the signed documentation, the school will record that your child has permission from you to ride to school. Please see the office for details.



# Concord Public School on Twitter



Follow

## Concord PS

@ConcordPS

Facta Non Verba Deeds not Words

📅 Joined September 2017

63 Following 248 Followers

**Are you aware that we are on Twitter?  
Follow us and see what is happening at Concord Public School**

### **Concord Public School**

66 Burwood Road, Concord NSW 2137

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