# Being Safe at School Concord Public School





### Concord Public School Rules and Expectations

### BE RESPECTFUL

I will respect myself and other people, their beliefs, belongings and our environment.

### **PARTICIPATE**

I will try my best to learn and to allow others to learn without interference.

### **BE SAFE**

I will act and play safely and allow others to play safely.

### Stay healthy

# Staying Healthy



Clean your hands with soap and water, or hand sanitiser



Cover your mouth and nose when you sneeze or cough



Tell someone if you're feeling sick

### How do you feel?





Worried



Нарру



Want to talk to someone? Kids Helpline 1800 55 1800 kidshelpline.com.au

### Keep your distance



Wash your hands or use hand sanitiser.



Cover your mouth when you cough or sneeze.



Tell someone when you feel sick.





# Hand Washing

Wash your hands before and after you come into the classroom, library, lab and all areas of the school!













# Hand Washing



### Have you washed your hands for 20 seconds?

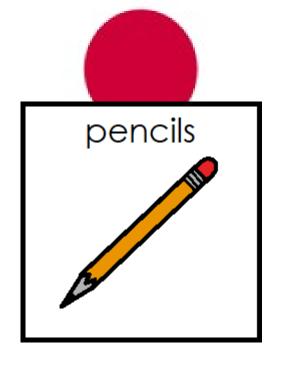




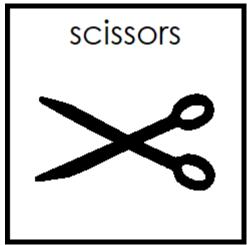
Please use hand sanitiser

education.nsw.gov.au

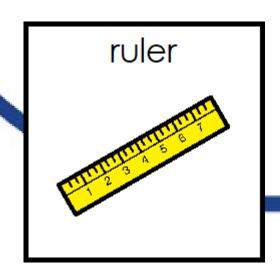




# Remember







Do not share pencils, scissors, rubbers and rulers with your classmates.

# We need your help to stay safe!

Listen to all teachers and keep you classrooms and learning spaces tidy and clean:

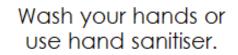


# How to cough/sneeze safely

### Wash your hands



- After coughing, sneezing or blowing your nose, wash your hands with soap and water
- Use alcohol-based hand cleansers if you do not have access to soap and water





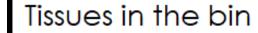
Cover your mouth when you cough or sneeze.

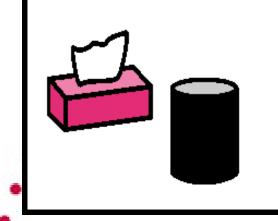


### Cover your cough



- When coughing or sneezing, use a tissue to cover your nose and mouth
- Dispose of the tissue afterwards
- If you don't have a tissue, cough or sneeze into your elbow.







# Refill your drink bottle.



# Refill your water bottle here



Don't drink straight from a water bubbler





### Playground Reminders

Play Equipment can be used.

Monday – Years 5 and 6

Tuesday – Years 3 and 4

Wednesday – Years 1 and 2

Thursday – Kindergarten

Friday – Kindergarten







The grass area can also be used!

Monday - Years 3 and 4

Tuesday – Years 3-6

Wednesday – Years 5 and 6

**Thursday** – Kindergarten, Year 1 & Year 2

Friday – Years 1 and 2





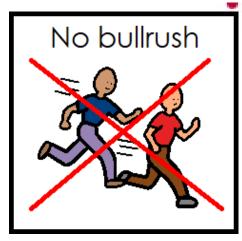
### Playground Reminders

All physical contact sports and activities should not occur, this includes:

- netball/basketball games
- soccer games
- tag and other contact-related games.
  (bull rush)

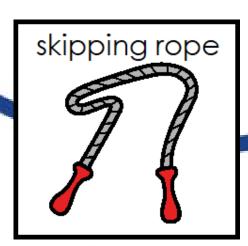


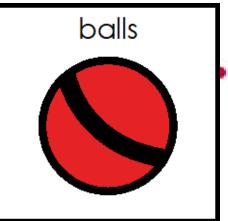




# Playground: What you can do during recess and lunch!

- Turn taking for netball/basketball net shooting
- Soccer penalty kicking games
- Bouncing/throwing and catching
- Skipping
- Handball



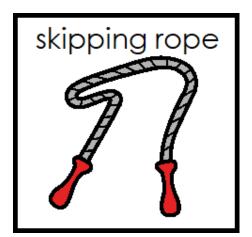


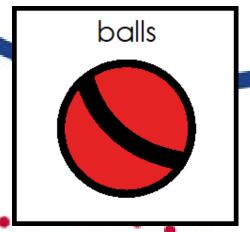


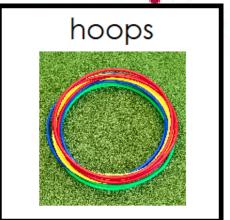
### Playground Reminders

Large tubs will be placed by the library silver seats with equipment you can use at recess and lunch times.

At the end of recess and lunch, return the equipment to the tubs so that it can cleaned for you to use again!









Most importantly ....

Wash your hands at the end of break times or after playground activities.





### Remember

Wash your hands, cover your mouth when you cough and stay home if you're sick!





