# Concord's Corner

# **Wellbeing Initiatives**

## **Circle Time**

#### A Whole School Approach

Circle Time (also known as a Class Meeting) is a whole school approach to wellbeing that gives students an opportunity to discuss their thoughts and feelings on school matters.

#### Class Meetings:

- foster a safe and supportive environment that enhances communication and strengthens relationships;
- promote discussion, self-reflection, personal empowerment and a shared understanding;
- build a climate of trust and respect between teacher and students, as well as among students; and
- enable students to make connections and become actively involved in problem-solving and constructive decision-making.

Circle Time is implemented in K-6 classrooms at Concord Public School.



## **The Method of Shared Concern – PIKAS**

#### **A Tailored Approach**

The Method of Shared Concern (Pikas, 2002) represents a social problem-solving method used to address bullying incidents at Concord Public School. This approach aims to foster socially responsible relationships and behaviours by encouraging those involved to take others' perspectives into account. Carefully structured opportunities are provided for individuals to understand the impact of their actions and to make amends. These developments are carefully monitored and reviewed as necessary.

**Mrs Vermiglio**