## Concord's Corner

## **Peer Support**

## A whole school wellbeing initiative

The Peer Support Program provides a fun and engaging environment for all students at Concord Public School.

## The Peer Support Program:

- is a peer led, skills based, experiential learning program;
- empowers young people to support each other and contribute positively to society;
- provides students with a supportive learning environment in which to develop the skills, understandings, attitudes and strategies to improve their mental, social and emotional wellbeing;
- develops key skills in resilience, assertiveness, decision making, problem solving and leadership;
- utilises a whole school approach to support positive cultural change; and
- provides authentic leadership opportunities for Peer Leaders.



During Week 10 of Term 2, students in Years 5 and 6 undertook 2 days of Peer Leadership Training to prepare for their role as a Peer Support Leader.

Trained Peer Leaders, supervised by a teacher, will facilitate structured activities with multi-age groups throughout the year.





Mrs Vermiglio and Ms Grech